



Types of Headaches

Common benign headache

- ✓ Migraine
- ✓ Tension
- ✓ Cluster
- ✓ Sinus

If you have a headache, you're not alone. Nine out of ten Americans suffer from headaches.

Bad Headaches: SEEK HELP!

- ✗ Sudden, explosive onset
- ✗ Headache is always in the same place
- ✗ Wakens you from sleep
- ✗ Headache with weakness, numbness, vision loss, vertigo